



HERITAGE
FIREARM TRAINING
ACADEMY

1

DEFENSE UNIT 1 CORE FUNDAMENTALS

COURSES

Defense is Personal	2hrs
Basic Handgun – Semi Automatic	2hrs
MD HQL	4hrs
Utah CFP	4hrs
MD HQL Law	2hrs
Utah CFP Law	2hrs
Basic Handgun – Revolver	2hrs
Basic Shotgun	2hrs
Basic Rifle	2hrs
Firearm Safety	1hr
Handgun Cleaning	1hr
Shotgun Cleaning	1hr
Rifle Cleaning	1hr

ADVANCED INDIVIDUAL TRAINING

Marksmanship Sim Sessions
Reserved Beginner's Range Time
Private Instruction

2

DEFENSE UNIT 2 DEFENSE TECHNIQUES

COURSES

Low Light Techniques	1hr
Firearm Malfunction	1hr
Holster Draw Exercise	1hr
Barricade/Low Light Exercise	1hr

ADVANCED INDIVIDUAL TRAINING

Marksmanship Sim Sessions
Private Instruction

3

DEFENSE UNIT 3 ADVANCED DEFENSE TECHNIQUES

COURSES

Defensive Shotgun	2hrs
Defensive Handgun	2hrs
Defensive Rifle	2hrs
Decision Making for Personal Protection	2hrs
Defensive Concealed Carry	1hr

*HQL or Approved Background Check Required
**Must be 21 years old

ADVANCED INDIVIDUAL TRAINING

Marksmanship Sim Sessions
Private Instruction

4

DEFENSE UNIT 4 ADVANCED COURSES OF FIRE

COURSES

MD Wear & Carry Proficiency Course
MD Leosa Firearm Course
Other Courses of Fire

*HQL or Approved Background Check Required
**Must be 21 years old

ADVANCED INDIVIDUAL TRAINING

Marksmanship Sim Sessions
Private Instruction